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The Competencies Set

The graph shows the 15 competencies that the Lever Up Model can validate. These competencies have been clustered in four areas: Personal, Social, Methodological, Organizational, that are relevant for the volunteering sector as well as for the job market and can foster employability. Lever Up focuses on soft and transversal competencies that people can gain during their life through volunteering or doing any other kind of activities, either in formal and in non-formal or informal settings. In particular, volunteering has a specific impact on the individuals in terms of competencies that people can gain via it, but it also has a deep influence on the community and the society as a whole.

Lever Up highlights the main transversal competencies that volunteers can develop, and that can be applicable to multiple sectors and environments. Lever Up provides a model, made up of two main parts:

1. The "**standard"** that defines the **set of competencies** and the way to describe them;
2. The different **steps and the activities foreseen by the validation process**

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LEVER UP Process & Toolkit

How to validate the competencies? Through which tools can the project help me to validate my competencies?

The Lever Up model offers 5 steps (see graphic below) ranging from raising awareness of one's own prior learning up to validating competencies, and beyond.

Although the process involves 5 different steps, it is up to the candidate to complete the process to the point that they find personally useful and of value. This can depends on their interest, wishes and objectives. Any step has a potential exit that relates to either general or more specific outcomes such as:

- Raising awareness of candidate's competencies
- Raising self confidence
- Developing the candidate's portfolio and making it more visible
- Obtaining the formal validation and the competence certification.

To deepen your knowledge on the 5 steps and the tools connected to each step we invite you to visit the Lever Up website

Read more

LEVER UP Training

Lever Up offers a set of three e-learning courses in order to prepare the skills and competencies of the Tutors, Assessors and Trainers who will support the candidate towards the validation process.

The 3 courses, are structured in five modules and are characterized by a blended-learning methodology which includes both self-training and face to face training. Each module consists of PowerPoint presentations, videos, other materials and a final self-assessment test. The length of each course is approximately 20 hours and should be completed in around two months.
A Badge will be issued upon completion of the course.

Read more

It is your time to play a protagonist role!

A testing phase of the training service, available for free, will start soon in all partnership countries: Italy, Belgium, Poland, Spain and the Netherlands. This is a great opportunity to be directly involved in the process, and get yourself comfortable with LEVER Up tools To receive further information, do not hesitate to contact the referent organization in your country.

Read more

Meeting and events

Multiplier events have taken place in Italy, organized by the Fondazione Politecnico di Milano and by other Italian partners, as well in the Netherlands who managed to involve different stakeholders and increase the LEVER UP network.

Next year on January 22 and 23, 2019 the project partner CEV will organize an event in Brussels, together with DG EMPL and the Lifelong Learning Platform about Validation of Soft and transversal skills and competencies acquired through volunteering. Immediately prior to this event, a LEVER UP Multiplier Event will be organised on January 22nd.

Keep yourself updated with the event calendar!

Read more

Testimonials

Listen to the project partners' expectations! You might be the next LEVER UP testimonial!

YouTube channel

CONTACTS:

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